

# Breakfast Point Probus Club

Lyn Wendtman

Website: [Breakfast Point Probus Club](#)

Col and I moved to apartment living in a new development at Mortlake built on the former gas works site. When completed it will have 5500 residents, i.e. it will be bigger than most country towns. People of all ages, including retirees, moved to this growing suburb and by 2011 the need to encourage social interaction had become clear.

The inaugural meeting of the Breakfast Point Probus Club in April 2011 had 89 members. In three months membership grew to 157 and fledgling special interest groups, outings and trips started. In 2012 club membership closed at 248 and the Club was already a valuable community asset. It continues to thrive and demand for rare vacancies is high. A second Club opened and a local joke is that a third Club is needed.

Activities that help us remain active and enjoy time spent with friends include:

- “Walk for Fitness”, where up to 20 people walk 4.8km twice a week.
- The ‘Easy Riders’ and the ‘Pelaton’ cyclists who ride many kilometres seeking the perfect coffee.
- The Investment Group who learn by sharing with people who have similar interests.
- Canasta, Mahjong and 500 Clubs for card enthusiasts; social tennis; art and card making, family history, technology – even a ‘recent’ kite flying group for windy days.
- A 250 group do mystery outings armed with their Opal cards. They know where to meet before following their leader by bus, train, ferry and on foot – to somewhere and back again! They’ve been everywhere – Kiama, Katoomba and Kincumber, seen the Bahai Temple, drunk at a sake factory, explored Dobell’s Cottage and eaten from Church Point to the Scarborough Hotel.

Outings/tour highlights include:

- April 2018 will see Col and I lead a fourth Club trip to Japan. Over 100 members will have explored aspects of this fascinating country with us.
- Tours to Kangaroo Island, Longreach, North Queensland, the Hunter Valley, Lithgow, Bathurst, Cowra and Norfolk Island to name a few – and now Italy and South Australia are being planned for 2018.
- Opera on the Harbour, Genesisian theatre, ‘Live at Lunch’ and ‘The Book of Mormon’ are some of the diverse theatre, films, musicals and dance performances offered every month.

What are some markers of this Probus Club’s success?

1. The length of time it now takes to shop at IGA, take a walk around the Parramatta River foreshore or go anywhere locally – you keep meeting friends who just want to catch up.
2. The buzz of happy chatter at meetings, outings and activities, signalling people having fun.
3. The care and support for others as a by-product of friendship and fellowship. If a member is ill or suffering then a handmade card is delivered, meals appear, drivers provided and mobility aids loaned.

Why not seek out a local Probus Club – or if there isn’t one nearby then think about starting a new Club? In our experience you won’t regret belonging to a Probus Club.

## Contributor details

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Lyn was Foundation Principal of Cherrybrook Technology High School (1991 - 2002) and Assistant Director for Technology in Learning until her retirement. Active on the NSWSPC Executive she was made a Life Member in 2002. Lyn and Col (Col Cooksey, ex-Kirrawee HS) have over many years travelled widely in Japan.