

StoryWorth – the easy option for recording a family story

Edith McNally

I have often thought that I should be writing my own story in order to enjoy revisiting all those memories, many of which are becoming less available by the day, but more importantly to share with my children and future generations. Yes, the McNallys now have a grandchild and suddenly both the past and the future seem a little more important.

Anyway, writing my story has always been in the 'going to do it one day' basket and as such, was consistently left behind as more pressing and interesting options sailed by and caught my attention. And then along came *StoryWorth* which offered a wonderful digital umbrella which encourages participants to respond to trigger questions by writing a weekly short story of any length, supported by photos if desired. These weekly short stories are uploaded as email responses and at the end of a year it is compiled and published as a hard copy book to enjoy and share.

The trigger questions are optional, easily modified and customised but clearly designed by experienced hands that know how to design a framework for a good story. The short stories can be shared and supplemented by other friends and relatives. I have elected to do a weekly story but participants can elect the pace that suits them.

A friend completed the process last year and found that this digital scaffold helped her produce a product that she is delighted with and that it gave equal delight to the families she gifted copies to.

I am thoroughly enjoying the process and would commend it to anyone looking for a simple and manageable way to record the passage of their life and the marks they have made along the way. *StoryWorth* costs \$100 and is American, which can be forgiven considering the ease of use. “

Contributor details

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Edith was with DET from 1972-2015 and served as Principal at both Cranebrook High School (1994-1997) and Menai High School (1998-2015). She is a Life Member of the NSWSPC with major interests and contributions in VET, SRE and Assets Management. Since retirement Edith has been a 'Grey Nomad' towing a caravan throughout Australia prior to settling back home in Stanwell Park at the end of 2018.